



# MEMORIAL DAY



## Whitepaper

Endocrinology Billing Cheat  
Sheet for Memorial Day

On Memorial Day, endocrinologists should be prepared for a spike in visits due to the indulgence in rich foods and sweets, which can exacerbate issues like diabetes, thyroid disorders, and other metabolic conditions. Read on for a focused approach to medical billing during this period, including relevant ICD-10 and CPT codes for conditions that might see an increase in cases.

# Common Endocrinological Conditions During Memorial Day

## • Diabetes Complications

Hyperglycemia (High blood sugar) Patients may experience spikes in blood -sugar levels due to high consumption of sugary and carbohydrate-rich foods.

### ICD-10 Codes:

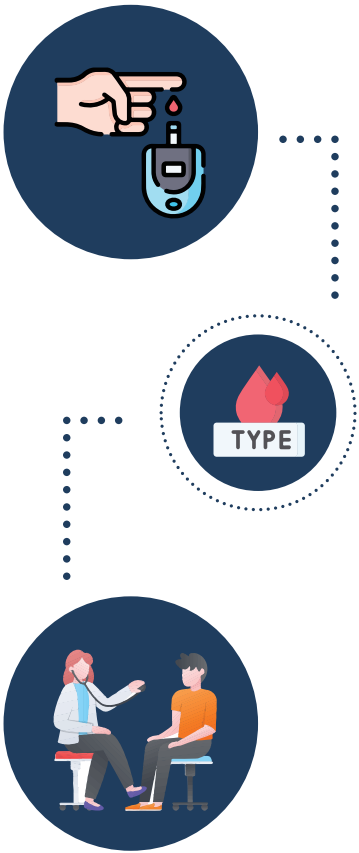
E11.65 - Type 2 diabetes mellitus with hyperglycemia

E10.65 - Type 1 diabetes mellitus with hyperglycemia

### CPT Codes for Visits:

99213 - Office or other outpatient visit for the evaluation and management of an established patient.

99214 - Office or other outpatient visit for the evaluation and management of an established patient, which requires at least two of these three key components: a detailed history; a detailed examination; medical decision making of moderate complexity



## • Thyroid Disorders

Thyroid Dysfunction Flare-Ups: Changes in diet and stress during holidays can lead to alterations in thyroid function.

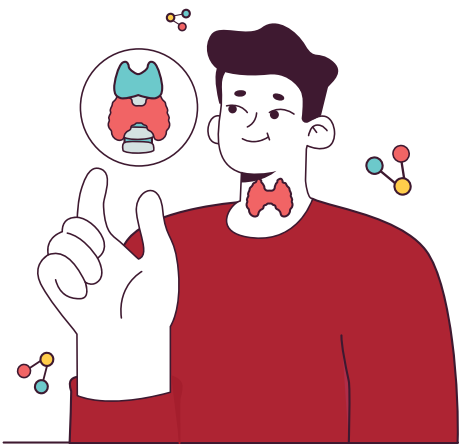
### ICD-10 Codes:

E05.90 - Thyrotoxicosis, unspecified without thyrotoxic crisis or storm

E03.9 - Hypothyroidism, unspecified

### CPT Codes for Visits:

99215 - Office or other outpatient visit for the evaluation and management of an established patient, which requires at least two of these three key components: a comprehensive history; a comprehensive examination; medical decision making of high complexity



# Gastrointestinal Issues Related to Endocrine Disorders

**Gastroparesis in Diabetics:** This condition can worsen with overeating, particularly high-fat and high-sugar diets.

**ICD-10 Codes:**

K31.84 - Gastroparesis

E11.43 - Type 2 diabetes mellitus with diabetic autonomic (poly)neuropathy

**CPT Codes for Visits:**

99212 - Office or other outpatient visit for the evaluation and management of an established patient, which requires at least two of these three key components: an expanded problem focused history; an expanded problem focused examination; medical decision making of low complexity



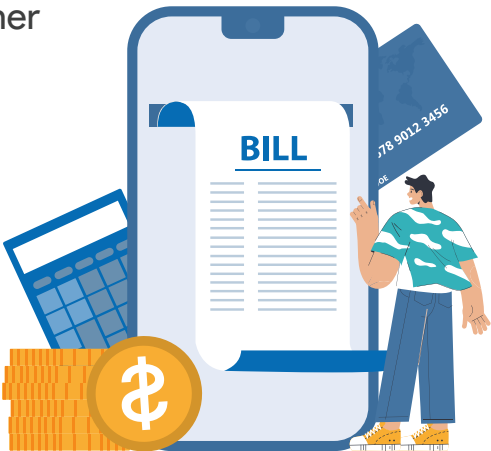
## Billing Tips for Memorial Day

**Anticipate an Increase in Patient Volume:** Prepare for higher patient volumes by scheduling additional staff and extending hours if needed.

**Pre-Visit Planning:** Encourage patients to monitor their diet and sugar intake closely during the holiday, and to keep records of any significant changes or symptoms.

**Post-Holiday Follow-Ups:** Consider scheduling follow-up visits for patients known to have significant dietary challenges during holidays to manage potential complications.

**Documentation:** Ensure all encounters are documented thoroughly with the appropriate ICD-10 and CPT codes to facilitate accurate billing and timely reimbursements.



## Conclusion

Memorial Day can be a challenging time for patients with endocrine disorders due to the traditional indulgence in food and drink. By being prepared with the correct coding and billing practices, you can ensure that your practice is able to manage the increased workload efficiently and effectively. This guide should serve as a resource to help you navigate the nuances of medical billing specific to the needs of your endocrinology practice during the holiday season. Want help? Try out CureMD’s medical billing services [www.curemd.com/billing-services.asp](http://www.curemd.com/billing-services.asp)





# CureMD

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